

## Roasted red pepper hummus

kitchen Recipe serves - 4 people		
Ingredients	Amount	
Red bell peppers	2	peppers
Cooked chickpeas	3	cups
Tahini paste	1/4	cup
Extra virgin olive oil	4	tablespoons
Lemon juice	2	tablespoons
Crushed garlic	2	cloves (small)
Smoked paprika	3/4	teaspoon
Turmeric	1	teaspoon
Pink salt	1/2	teasoon
Cayenne pepper (optional)	1/2	teaspoon



## **Instructions:**

- 1. Soak the chickpeas in warm water for 30 min. Drain and remove the skin. Meanwhile chop and remove the seeds from the peppers. Add to a tray and drizzle some olive oil and a 1/4 teaspoon salt and pepper. Roast in the over for 30 min or until very soft.
- 2. Add the drained and peeled chickpeas into a food processor and add the tahini and roasted peppers. Blend until smooth.
- 3. Add all of the other ingredients except the oil and blend in the food processor while passing the olive oil at the same time. Add 2 tablespoons of water if you want it to be looser.
- 4. Taste and season with extra garlic, lemon juice or salt according to taste. Serve with a drizzle of olive oil on top and pita bread on the side.